BBQ Chicken Teriyaki & Brown Rice w/Carrots

Product Code: 8-52724-16661-2

Tender barbequed chicken, served with brown rice and our signature Teriyaki Sauce.

Our products do not contain MSG, artificial coloring or flavoring, peanuts, peanut oil, or lard and are zero trans fat.

Pack size: 36 – 9.5 oz. Single Serve Trays

Ingredients:

Lings 5th Taste

<u>Chicken:</u> Skinless chicken leg meat, water, sugar, soy sauce (water, wheat, soy bean and salt) dark soy sauce (water, soy bean, wheat flour, salt, sugar and extract of mushroom [product contain sulfites]) lime juice, salt, ginger, garlic, green onion. <u>Rice</u>: Long Grain Brown Rice.

Vegetable: Carrots

Sauce: Water, sugar, soy sauce (water, soy beans, wheat flour, salt, sugar and extract of mushroom [contains sulfites]) modified starch, salt, lime juice, ginger, garlic, green onion.

Allergens: Soy, wheat, and citrus Made in the USA

Child Nutrition

Meat/Meat Alternate: 2.88 oz. raw chicken Yield 2 oz. cooked chicken per portion

Grain: ³/₄ cup cooked long grain brown rice

Serving size: 1 tray 9.5 oz. = 2 oz. chicken, ³/₄ cup long grain brown rice and 2 oz. sauce, 1.5 oz. carrots

Servings per case: 36

This 9.5 oz. serving provides 2 meat/meat alternate and 1.5 grain servings according to the Food Buying Guide for Child Nutrition Programs.

I certify this information is true and correct:

Love Expedding

Vice President

7/09/14



Nutrition Facts Serving Size 9.5 oz. (269g)

| Amount Per Serving | | | |
|---|-----------|---------|-----------------|
| Calories 330 | | Calorie | s from Fat 50 |
| | | | % Daily Values* |
| Total Fat 5g | | | 8% |
| Saturated Fat 1g | | | 5% |
| Trans Fat 0g | | | |
| Cholesterol 70r | | 23% | |
| Sodium 590mg | 0 | | 25% |
| | | | 16% |
| Dietary Fiber 3g | | | 12% |
| Sugars 11g | | | |
| Protein 19g | | | 38% |
| Vitamin A 80% | • | | Vitamin C 4% |
| Calcium 2% | • | | Iron 10% |
| *Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs. Calories 2.000 2.500 | | | |
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2400mg | 2400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Preparation

Place trays on sheet pan, bake at 350° until internal temperature reaches 160°.

<u>Shelf life</u>

1 year frozen

For further information please call, 909.593.4797