



SPECIFICATION SHEET

PRODUCT NAME: EGG & CHEESE & TURKEY SAUSAGE WHOLE GRAIN BREAKFAST BURRITO

PRODUCT CODE: 97877

TOTAL WEIGHT: 3.25 oz.

WEIGHT OF PRECOOKED EGG: .4350 oz.

WEIGHT OF CHEESE: .4350 oz.

WEIGHT OF TURKEY SAUSAGE CRUMBLES: .2100 oz.

WEIGHT OF OTHER INGREDIENTS: .4200 oz.

TOTAL WEIGHT OF FILLING: 1.50 oz.

TOTAL WEIGHT OF WHOLE GRAIN FLOUR TORTILLA: 1.75 oz.

THE ABOVE PRODUCT READY FOR SERVING CONTAINS (1.00 oz.) OF COOKED LEAN MEAT/MEAT ALTERNATE AND (1.75) SERVINGS OF BREAD ALTERNATE WHEN PREPARED ACCORDING TO COOKING DIRECTIONS.

THIS PRODUCT MEETS ONE SERVING OF WHOLE GRAIN.

SLIGHT VARIATION IN PIECE WEIGHT IS POSSIBLE DUE TO NORMAL PROCESSING VARIANCE, HOWEVER AVERAGE WEIGHT PER BOX WILL MEET OR EXCEED THE STATED WEIGHT.

THIS PRODUCT IS PRODUCED BY M.C.I. FOODS, INC.
I CERTIFY THAT THE ABOVE INFORMATION IS TRUE AND CORRECT.

SIGNED FOR M.C.I. FOODS, INC.

PRESIDENT
TITLE

05/26/2011
DATE



Revision Date: 5/26/2011

Nutritional Analysis

Code #: **97877** Individually Wrapped Net Wt. (oz.) **3.25** Case Pack: **72**
 Related Code #'s _____ Servings Per Package: **1**
 Description: **Egg, Cheese & Cooked Sausage Crumbles**
(Made with Turkey) Breakfast Burrito Serving Size **3.25 oz. (92.14 g)**
 Weight of Filling (oz.) : **1.5**
 Weight of Tortilla/Bread (oz.) **1.75**

Ingredient Statement

Ingredients: Filling: Pre-Cooked Scrambled Eggs (Whole Eggs, Skim Milk, Soybean Oil, Modified Food Starch, Salt, Xanthan Gum, Liquid Pepper Extract, Citric Acid, Artificial Butter Flavor [Butter (Cream, Milk), Partially Hydrogenated Soybean and Cottonseed Oil, Soybean Oil, Lipolyzed Butter Oil, Flavors and Artificial Flavors]), Reduced Sodium, Reduced Fat Pasteurized Process American Cheese: Cultured pasteurized milk and skim milk, *whey protein concentrate, potassium citrate, contains less than 2% of salt, sodium citrate, lactic acid, sorbic acid (preservative), natural flavor, *xanthan gum, *locust bean gum, *guar gum, apo-carotenal and beta carotene (color), *vitamin A palmitate, enzymes, soy lecithin and soybean oil blend. (*Not found in regular pasteurized process American cheese.), Water, Cooked Sausage Crumbles (made with turkey) [Ground Turkey Thigh Meat, Mechanically Separated Turkey, Water, Soy Protein Concentrate, Salt, Spices, Dextrose, Flavoring, Sugar, Disodium Inosinate and Disodium Guanylate], Red Sauce Seasoning (Modified Corn Starch, Paprika, Spices, Onion & Garlic Powder, Tomato, Dextrose, Sugar, Autolyzed Yeast Extract, Caramel Color, Extractive of Paprika, Guar Gum, Citric Acid, Malic Acid, Xanthan Gum, Ascorbic Acid, Disodium Inosinate & Guanylate, less than 2% Silicon Dioxide to Prevent Caking), Modified Food Starch (Refined From Corn), Vinegar, Salt, and Flavorings.

Whole Wheat Tortilla: Whole Wheat Flour, Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil, Salt, Guar Gum, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate and Monocalcium Phosphate).

Allergen Statement Contains: **Wheat, Egg, Milk, Soy.**

Equivalent Whole Grain Servings (16g) **1.00**

National School Lunch Requirements

CN # 080864

CN Date 05-11

Each **3.25** oz. Portion (cooked) will provide **1.00** oz. Meat/Meat Alternate and **1.75** Bread Servings and _____ Cups Fruit/Vegetable Servings.

Nutritional Information

% Calories from Fat 30.55%

Basis of Analysis: as Cooked.

Serving Size 3.25 oz. (92.14 g)

% Calories from Sat Fat 10.31%

Servings Per Package: **1**
 Calories (Kcal) 214.4250

Calories from Fat 65.5110

Protein (g) 8.0720

Carbohydrates (g) 30.6340

Tot. Dietary Fiber (g) 3.0650

Ash (g) 0.8170

Fats

Total Fat (g) 7.2790

Saturated Fat (g) 2.4560

Trans Fat (g)* 0.0000

Cholesterol (mg) 60.3110

Water (g) 34.5990

Vitamins

Vitamin A (RE) 21.77 6%

Vitamin A (IU) 312.45

Vitamin C (mg) 2.14 4%

%DV Minerals

Iron (mg) 1.95 10%

Sodium (mg) 298.62

Calcium (mg) 117.67 10%

Fat Change +/- 0% Moisture Change +/- 0% Data Source: USDA Handbook 8

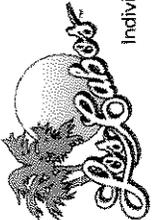
*-Trans Fats naturally occurring

Heating Instructions

Heating Instructions: Convection Oven: Preheat Oven to 300 deg. F. Cook to an Internal Temperature of 160 Deg. F., Frozen: Bake 16 min. Conventional Oven: Preheat Oven to 300 deg. F. Cook to an Internal Temperature of 160 Deg. F., Frozen: Bake for 25- 30 min. Thawed: Cook for 15- 20 min. Microwave: Frozen: Heat for 2 mins. Thawed: Heat for 1 min.

For Additional Information Contact Dan Southard at 562-977-4006

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661



Egg, Cheese & Cooked Sausage Crumbles (Made with Turkey) Breakfast Burrito

Los Cabos Mexican Foods
Individually Wrapped

DOP: 12456

KEEP FROZEN

Each 3.25 oz Burrito provides 1.00 oz. equivalent meat/meat alternate and 1.75
CN servings of bread alternate for Child Nutrition Meal Pattern Requirements (Use of
this logo and statement authorized by the Food and Nutrition Service, USDA 05-11)

W104A PF077A
72 CT - 3.25 OZ.

45126

08086A

Ingredients: Filling, Pre-Cooked Scrambled Eggs (Whole Eggs, Skim Milk, Soybean Oil, Modified Food Starch, Salt, Xanthan Gum, Liquid Pepper Extract, Citric Acid, Artificial Butter Flavor [Butter (Cream, Milk), Partially Hydrogenated Soybean and Cottonseed Oil, Soybean Oil, Lipolyzed Butter Oil Flavors and Artificial Flavors]), Reduced Sodium, Reduced Fat Pasteurized Process American Cheese, Cultured pasteurized milk and skim milk, whey protein concentrate, potassium bitrate, contains less than 2% of salt, sodium citrate, lactic acid, sorbic acid (preservative), natural flavor, xanthan gum, "locust bean gum", guar gum, apo-carotenal and beta xanthone (color), vitamin A palmitate, enzymes, soy lecithin and soybean oil blend. ("Not found in regular pasteurized process American cheese."), Water, Cooked Sausage Crumbles (made with turkey) [Ground Turkey High Meat, Mechanically Separated Turkey, Water, Soy Protein Concentrate, Salt, Spices, Dextrose, Flavouring, Sugar, Disodium Inosinate and Disodium Guanylate], Red Sauce Seasoning (Modified Corn Starch, Paprika, Spices, Onion & Garlic Powder, Tomato, Dextrose, Sugar, Autolyzed Yeast Extract, Caramel Color, Erythorbate of Paprika, Guar Gum, Citric Acid, Malic Acid, Xanthan Gum, Ascorbic Acid, Disodium Inosinate & Guanylate, less than 2% Silicon Dioxide to Prevent Caking), Modified Food Starch (Retined From Corn), Vinegar, Salt, and Flavourings.

Whole Wheat Tortilla, Whole Wheat Flour, Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil, Salt, Guar Gum, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate and Monocalcium Phosphate).

Heating instructions: Convection Oven: Preheat Oven to 300 deg. F. Cook to an Internal Temperature of 160 Deg. F.; Frozen: Bake for 15-20 min. Microwave: Frozen: Heat for 2 min. Thawed: Heat for 1 min.

Stock Code

97877

Contains: Wheat, Egg, Milk, Soy.

NET WT. 14 LBS. 10.00 OZ.

M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA



1000657497877

Stock Code
97877
Lot #
45126



CN-POULTRY
1000657497877

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HealthierUS School Challenge Whole Grain Criteria

Documentation to show primary grains in product are whole grains to meet Group A

Company Name: M.C.I. Foods, Inc.

Brand: Los Cabos Mexican Foods

Product Name: Egg & Cheese Turkey Sausage Breakfast Burrito with Whole Grain Tortilla

Product Code: 97877

- 1) Ingredient statement of product attached (see attached)
- 2) Underline all items that are whole grain in the attached product ingredient statement.
(See attached)
- 3) Serving Size in grams for Whole Wheat Flour Tortilla: 1.75 ounces or *49.61 grams
- 4) Total weight of all whole grain ingredients in the recipe is 16.17 grams
- 5) Weight of primary ingredient in recipe or listed first in ingredient statement 16.17 grams
- 6) Weight of primary grain ingredient in recipe or listed first in ingredient statement.
Whole Wheat Flour 16.17 Grams

A. Serving size for this food equals 1 Grains/ Bread Servings: Yes/ FBG Sec 3-15

This product meets 1.00 Whole Grain Serving and 1.75 servings of bread towards the National School Breakfast Program

- B. The ingredient underlined below are considered whole grain: Yes
- C. Does weight of item #4 exceed weight of Item #5 Yes is equal to or greater.
- D. Does the weight in Item #4 exceed the weight in Item #6: Yes is equal to or greater.
- E. Are the answers to items A, B and C yes? If yes, food product meets Group A
(Answer Yes)
- F. Are the answers to items A, B and D yes? If yes, food product meets Group B
(Answer Yes)

*M.C.I. Foods, Inc. purchases flour blends of whole-grain and enriched flours combined to make a specialty blend of two or more flours that in part whole grain and part refined flour.

I certify that all information is accurate:



Signature

Dan Southard
Printed Name

President
Title

dan@mcifoods.com
Email

December 7, 2011
Date

**** Attach a copy of product ingredient statement with whole grains highlighted or underlined.**

Stock Code 97877

Ingredients: Filling: Pre-Cooked Scrambled Eggs (Whole Eggs, Skim Milk, Soybean Oil, Modified Food Starch, Salt, Xanthan Gum, Liquid Pepper Extract, Citric Acid, Artificial Butter Flavor [Butter (Cream, Milk), Partially Hydrogenated Soybean and Cottonseed Oil, Soybean Oil, Lipolyzed Butter Oil, Flavors and Artificial Flavors]), Reduced Sodium, Reduced Fat Pasteurized Process American Cheese: Cultured pasteurized milk and skim milk, *whey protein concentrate, potassium citrate, contains less than 2% of salt, sodium citrate, lactic acid, sorbic acid (preservative), natural flavor, *xanthan gum, *locust bean gum, *guar gum, apo-carotenal and beta carotene (color), *vitamin A palmitate, enzymes, soy lecithin and soybean oil blend. (*Not found in regular pasteurized process American cheese.), Water, Cooked Sausage Crumbles (made with turkey) [Ground Turkey Thigh Meat, Mechanically Separated Turkey, Water, Soy Protein Concentrate, Salt, Spices, Dextrose, Flavoring, Sugar, Disodium Inosinate and Disodium Guanylate], Red Sauce Seasoning (Modified Corn Starch, Paprika, Spices, Onion & Garlic Powder, Tomato, Dextrose, Sugar, Autolyzed Yeast Extract, Caramel Color, Extractive of Paprika, Guar Gum, Citric Acid, Malic Acid, Xanthan Gum, Ascorbic Acid, Disodium Inosinate & Guanylate, less than 2% Silicon Dioxide to Prevent Caking), Modified Food Starch (Refined From Corn), Vinegar, Salt, and Flavorings.

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