

BBQ Chicken Teriyaki

Product Code: 8-52724-15554-8

Ling's

5th Taste®

*Tender barbequed chicken,
tossed with our sweet Teriyaki
Sauce.*

**Our products do not contain MSG,
artificial coloring or flavoring,
peanuts, peanut oil, or lard and are
zero trans fat.**



Pack size: 6 - 5 lb. Chicken • 6 - 32 oz. Sauce

Ingredients:

Chicken: Skinless chicken leg meat, water, sugar, soy sauce (water, wheat, soy bean and salt) dark soy sauce (water, soy bean, wheat flour, salt, sugar and extract of mushroom [product contain sulfites]) lime juice, salt, ginger, garlic, green onion.

Sauce: Water, sugar, soy sauce (water, soy beans, wheat flour, salt, sugar and extract of mushroom [contains sulfites]) modified starch, salt, lime juice, ginger, garlic, green onion.

Allergens: Soy, wheat, and citrus

Made in the USA

Child Nutrition

Meat/Meat Alternate 2.88 oz. raw chicken

Yield 2 oz. cooked chicken per portion

Recommended serving size:

2.8 oz. = 2.0 oz. chicken and 0.8 oz. sauce

Approximate servings per case: 240

This 2.8 oz. serving provides 2 meat/meat alternate according to the Food Buying Guide for Child Nutrition Programs.

I certify this information is true and correct:

Louise Espelding

Vice President

01/03/14

Nutrition Facts

Serving Size 2.8 oz. (79g)
Serving Per Container 240

Amount Per Serving		Calories from Fat 30	
Calories 130			
		% Daily Values*	
Total Fat 3.5g			5%
Saturated Fat 1g			5%
Trans Fat 0g			
Cholesterol 70mg			23%
Sodium 480mg			20%
Total Carbohydrate 10g			3%
Dietary Fiber 0g			0%
Sugars 9g			
Protein 16g			32%
Iron 4%			

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Preparation

Bake the chicken and sauce in a covered hotel pan at 350° until internal temperature reaches 160°. Serve over chow mein or rice.

Shelf life

1 year frozen

For further information please call, 909.593.4797