



# TYSON CHILD NUTRITION SUMMARY

**Product Name:** FC Whole Grain, Golden Crispy, Breaded, Portioned CKN BST Filets-CN W/ RMT

**Product Code:** 70302-0928  
**UPC Information:**

**Label Weight:** 30.94 lb  
000-23700-03545 5

**Serving size:** 1 3.75-oz PATTIE(s) per serving

**Pack Information:** 6 / 5.1500 LB (s) per Case.  
Minimum of 132 3.75-OZ PIECE(s) per Case.

**Product is CN-labeled. CN numbers are:** 086281

**Analysis is by Piece.**

Total Weight of Uncooked Product <sup>1</sup>	3.8252000 oz
Weight of Creditable Raw Meat, Variety: Chicken	2.5683638 oz
Percent fat of raw meat:	30.0000000 %
*Weight of Creditable Dry APP, (Variety):Isolate	0.0423779 oz
Rehydration Ratio: 1:3.77	
*(Weight of Rehydrated APP):	0.2024722 oz
Weight of Meat Alternates (specify):	n/a
Weight of Breading: Whole Grain	1.0000000 oz
Weight of Filling:	n/a
Weight of Other Non-Creditable Ingredients:	0.0543641 oz
Total Weight of Finished Product:	3.7500000 oz
Weight of Unrounded Cooked Meat/Meat Alternate *(with APP):	2.0003267 oz

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**Meat/Meat Alternate per serving:** 2.0000 oz  
**Bread Alternate per serving:** 1.0000 per serving

I certify that the above information is accurate as presented on this date.

\*I further certify that the alternate protein product (APP) meets the requirements set forth in Appendix A of 7 CFR Parts 210, 220, 225, and 226.

(1)Slight variance in piece weights is possible, due to normal process variance; however, average weights per case will meet or exceed the stated weight.

**Additional Information:**

VER 18

Bread calculations reflect new regulations: 1.00 oz. equivalent grains (Whole Grain Rich)  
Grain Requirements for School Lunch and Breakfast Program per Policy Memo Code :SP 30-2012  
, USDA/FNS

Karen Shank, MS, RD

Nutritional Services Manager

Karen Shank, MS, RD

Title

TYSON FOODS, INC.

06/26/14



## Golden Crispy Whole Grain Made with Whole Muscle Filet, 3.75 oz.

Product Code: 70302-928

UPC Code: 00023700035455

### PREPARATION

Appliances vary, adjust accordingly. Convection Oven Preheat oven to 375°F; no steam and low fans. Place frozen filets in a single layer on a baking sheet lined with parchment paper. Heat for 16 to 18 minutes. Conventional Oven Preheat oven to 400°F. Place frozen filets on a baking sheet lined with parchment paper in a single layer. Heat for 18 to 20 minutes.

### PIECE COUNT

Minimum of 132 3.75OZ PIECE(s) per Case  
 [Minimum bag count is 22 pieces.]

### MASTER CASE

Gross Weight	33.5497 LB	Width:	15.625 IN
Net Weight	30.94 LB	Length:	23.5 IN
Cube:	1.78 FT	Height:	8.375 IN

### PALLET CONFIGURATION

Ti:	5	Hi:	8
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### INGREDIENTS

Chicken breasts with rib meat, water, isolated soy protein, seasoning [brown sugar, salt, onion powder, chicken stock, canola oil, yeast extract, carrot powder, vegetable stock (carrot, onion, celery), garlic powder, flavors, maltodextrin, silicon dioxide and citric acid], sodium phosphates, seasoning (potassium chloride, rice flour). BREADED WITH: Whole wheat flour, water, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, dried onion, dried garlic, sugar, wheat gluten, torula yeast, dextrose, spice, dried yeast, paprika extract (color), turmeric extract (color). Breading set in vegetable oil.

CONTAINS soy, wheat

### STORAGE

Shelf Life:	365 days
Storage Temp:	0 F
Storage Method:	Frozen



### Nutrition Facts

Serving Size: 1 PIECE (105g)  
 Servings Per Container: About 132

Amount Per Serving  
 Calories 230      Calories from Fat 90

	% Daily Value*
Total Fat 10g	15%
Saturated Fat 2g	10%
Trans Fat 0g	
Polyunsaturated Fat 4g	
Monounsaturated Fat 3g	
Cholesterol 50mg	17%
Sodium 380mg	16%
Total Carbohydrate 14g	5%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 22g	44%

Vitamin A 0%      Vitamin C 0%  
 Calcium 2%      Iron 8%

\* Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

CN Label: Yes

CN Label Numbers: 086281

**CN Statement:** One 3.75 oz. fully cooked, portioned, breaded chicken breast filet with rib meat provides 2.00 oz. equivalent meat/meat alternate and 1.00 oz equivalent grains for the Child Nutrition Meal Pattern Requirements.

To obtain a signed copy of the CN statement for this item, please contact the Tyson Food Service Concierge via [e-mail](mailto:) or call 1-800-248-9766.



# 70302<sup>9</sup><sub>2</sub><sup>8</sup>

## FULLY COOKED, WHOLE GRAIN, PORTIONED GOLDEN CRISPY, BREADED CHICKEN BREAST FILETS-CN WITH RIB MEAT

**INGREDIENTS:** Chicken breasts with rib meat, water, isolated soy protein, seasoning [brown sugar, salt, onion powder, chicken stock, canola oil, yeast extract, carrot powder, vegetable stock (carrot, onion, celery), garlic powder, flavors, maltodextrin, silicon dioxide and citric acid], sodium phosphates, seasoning (potassium chloride, rice flour).

**BREADED WITH:** Whole wheat flour, water, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, dried onion, dried garlic, sugar, wheat gluten, torula yeast, dextrose, spice, dried yeast, paprika extract (color), turmeric extract (color). Breading set in vegetable oil.

**CONTAINS: SOY, WHEAT.**

086281  
CN One 3.75 oz. fully cooked portioned breaded chicken breast filet with rib meat provides 2.00 oz. equivalent meal/meat alternate and 1.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 01/13).

CN

**PREPARATION:** Appliances vary, adjust accordingly.

**CONVECTION OVEN:** Preheat oven to 375° F, no steam and low fans. Place frozen filets

in a single layer on a baking sheet lined with parchment paper. Heat for 16 - 18 minutes.

**CONVENTIONAL OVEN:** Preheat oven to 400° F. Place frozen filets on a baking sheet lined

with parchment in a single layer. Heat for 18 - 20 minutes.

**KEEP FROZEN**

**DISTRIBUTED BY: TYSON FOODS, INC., SPRINGDALE, AR 72765-2020 U.S.A.**



<b>Nutrition Facts</b>	
Serving Size 1 Piece (105g)	
Servings Per Container About 132	
Amount Per Serving	
<b>Calories</b> 230	Calories from Fat 90
% Daily Value*	
<b>Total Fat</b> 10g	<b>15 %</b>
Saturated Fat 2g	<b>10 %</b>
Trans Fat 0g	
<b>Cholesterol</b> 50mg	<b>17 %</b>
<b>Sodium</b> 380mg	<b>16 %</b>
<b>Total Carbohydrate</b> 14g	<b>5 %</b>
Dietary Fiber 1g	<b>4 %</b>
Sugars 1g	
<b>Protein</b> 22g	<b>44 %</b>
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 8%

\*Percent Daily Values are based on a 2,000 calorie diet.

**NET WT. 30.94 LBS.**

LL#11093764



**70302**  
9 2  
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**FULLY COOKED, WHOLE GRAIN, PORTIONED**  
**GOLDEN CRISPY, BREADED**  
**CHICKEN BREAST FILETS-CN**  
**WITH RIB MEAT**

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